

Resources for young adults

We work closely with organizations that can help you in your neighborhood.

Education resources

- Great Expectations helps Virginia’s youth finish high school, attend community college, and adapt to living as a young adult without being in the foster care system. To learn more, visit greatexpectations.vccs.edu
- The Education and Training Voucher (ETV) program assists current and former teens who were in foster care with training and post-secondary education costs. To learn more, visit dss.virginia.gov/fmf/educational.html

Support resources

- Project LIFE helps current and former foster children learn skills needed to thrive as young adults by giving them the opportunity to network and get the resources they need. Call 888-ALUMNI-0 (888-258-6640) to find local resource information.
- My Path Forward is a program offered through Better Housing Coalition and Children’s Home Society that provides housing, support services and counseling to youth aging out of Virginia’s foster care system. Call 804-353-0191 ext. 336 for more information or apply at chsva.org/my-path-forward.
- FosterClub is a national peer support network for children and youth in foster care or formerly in foster care. Visit fosterclub.com/virginia for more information.
- Anthem Community Resource Link helps you find local support with food, legal advice, transportation, clothing, baby supplies, housing, and more. To get started, visit resource.findhelp.com and enter your ZIP code.

Have questions or need help?

Call the Foster Care Specialty Plan Support Line at 833-838-2605, Monday through Friday, 8 a.m. to 5 p.m.

Transportation assistance

Call Anthem HealthKeepers Plus Virginia Medicaid transportation vendor at 877-892-3988.



If you lose your Medicaid benefits, bring this booklet to your local [DSS] office and apply for the [Medicaid] programs above. To find an office, visit [\[dss.virginia.gov/localagency/index.cgi\]](http://dss.virginia.gov/localagency/index.cgi).

If you qualify, you’ll be automatically enrolled in the Foster Care Specialty Plan from Anthem HealthKeepers Plus program.



1 One selection per member per year, up to three selections per lifetime.
2 One per lifetime
3 One \$25 card per member per quarter; maximum \$100 per year.
Call toll free for translation or oral interpretation at no cost/Llame a la línea gratuita para servicios de traducción o interpretación sin cargo: 800 901-0020.
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Your guide to the Foster Care Specialty Plan from Anthem HealthKeepers Plus

For members ages 18–26

Extend your benefits through age 26

Ages 18–21

Fostering Futures program

Fostering Futures is a voluntary program that includes housing support, education and vocation assistance, and other independent living needs.

Are you eligible?

You may be eligible if you turned 18 while in foster care and are currently under 21.

How to apply:

- Ages 18–21 should through your former foster care worker or other local Department of Social Services (DSS) representative.
- If you’re under 18, or if you left foster care after you turned 18 and you’re currently under age 21, talk to your foster care social worker about your interest in applying.

Ages 18–26

Former Foster Care program

The Former Foster Care program provides necessary support and services for former foster care youth.

Are you eligible?

You may qualify for Medicaid benefits through the Former Foster Care program if you were in foster care on your 18th birthday.

How to apply:

- Visit your local Department of Social Services (DSS).
- Call Cover Virginia at 833-5CALLVA or go online to coverva.org.
- Go to CommonHelp online at commonhelp.virginia.gov/access.



Benefits just for you

The benefits and services are designed to make a difference in your life.

Care coordination

The Foster Care Specialty Plan has a dedicated team of care managers who can:

- Provide guidance as you transition into adulthood.
- Help you find doctors, dentists, therapists, etc.
- Remind you when it is time to get a physical or go to the dentist.
- Help you find community resources, like housing and job support.

Foster Care Specialty Plan has qualified dedicated staff and programs to help with the following needs:

- Legal support – if you have past or current charges and need support our judicial liaison can help you navigate the system
- Legal and judicial support
- Housing supports
- Employment and educational support
- Family support
- Maternal support

Benefits beyond what you expect

At the Foster Care Specialty plan, we offer important extras just for being a member. To request these services, please call Member Services or ask your care manager for more information.

Employment support

Eligible members can select one of the following options to help support their employment pursuits:

- Industry certification assistance: \$100 gift card to help cover the costs of certifications.
- Uniform support: \$100 gift card to purchase employment-required uniforms or work attire.
- Styling support: \$100 gift card to use toward supplies or grooming products.
- Tools purchase assistance: \$100 gift card to purchase tools.

GED assistance

Members ages 18 years and up can receive up to four vouchers for the for the General Education Development (GED®) test. The GED® test covers four subjects including math, science, social studies, and reasoning through language arts.

WW (Formerly Weight Watchers)

Members can receive a WW voucher to help cover initiation fees and 13 weeks of membership. To request, please call Member Services.

Transportation essentials

Members who are pregnant or members enrolled in the Job Connections program can select one of the following:

- \$100 gift card to purchase public transportation pass
- \$100 ride share card
- \$100 gas card

Community transportation

All members are covered for two round trips or four one-way trips per month to the grocery store, food bank, job interviews, places of worship, government offices (DSS, DMV, post office, and Social Security office), and even support groups.

- 24 round trips or 48 one-way trips annually.
- Non-medical trips have limited restrictions to milage and timeframes.
 - 30 miles roundtrip in the urban setting and 60 miles roundtrip in a rural area.
 - Trips can be requested Monday through Friday between 8 a.m.to 5 p.m..

For reservations, call 1-877-892-3988. For a live status on an existing reservation, call Where’s My Ride? at 1-877-892-3988, and press option.

Get Connected to Better Health

The Get Connected to Better Health program provides a smartphone with unlimited talk, text, and data. It’s preloaded with a selection of digital and virtual health tools to select eligible members Enrolled in the Case Management program.

Identification assistance

Eligible members 15 years or older can receive a \$35 gift card to help cover the cost of obtaining a driver’s license, birth certificate, social security card, or state identification card once per lifetime.

Post-secondary education support

Members ages 16-21 pursuing post-secondary education within the next year can select one of the following options¹:

- \$50 gift card to purchase Scholastic Assessment Test (SAT) or American College Test (ACT) study guides.
- \$100 gift card to use toward college application fees.
- \$100 gift card to use toward textbooks and dorm room items.

Chromebook

Eligible Foster Care and Adoption Assistance members ages 17 and up can receive a Chromebook² after completing a Health Risk Assessment(HRA).

Over-the-counter and personal care items

Foster Care and Adoption Assistance members ages 8 and up who complete a wellness visit can receive up to four \$25 gift cards to purchase personal care and hygiene products in stores or online. Products for selection may include items³, such as:

- Over-the-counter pain relievers, cough/ cold medicine, digestive aids (laxatives and antacids), vitamins/supplements, etc.
- Personal care items such as toothbrushes, toothpaste, soap and body wash, shampoo/conditioner, hair combs/brushes, etc.

You can also earn reward dollars for completing certain healthy activities. To start earning and see what you qualify for, log in or register your secure account at [anthem.com/vamedicaid](https://www.anthem.com/vamedicaid) and enroll in Healthy Rewards.